

TRIP
360



#cycling

Fascinating Ladakh on Cycle.

8 Days

7 nights



POWERED BY
COX & KINGS

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Trip Name : Fascinating Ladakh on Cycle.

Duration : 8 Days / 7 nights

Your Itinerary in Brief

Days	Description	Distance	Meals
Day 1	➤ Arrive Leh	-	Dinner
Day 2	➤ Leh	20 km	Breakfast, Dinner
Day 3	➤ Leh	50 km	Breakfast, Dinner
Day 4	➤ Leh - Sakti	50 km	Breakfast, Lunch, Dinner
Day 5	➤ Sakti - Tangtse	60 km	Breakfast, Lunch, Dinner
Day 6	➤ Tangtse - Pangong	45 km	Breakfast, Lunch, Dinner
Day 7	➤ Pangong - Leh	-	Breakfast, Lunch, Dinner
Day 8	➤ Depart Leh	-	Breakfast

We reserve the right to provide you accommodation in alternate or similar category which may or may not be listed here in. Gradings are based on universally accepted hotel guides and, in the absence of such assessments, the expert opinions of our team of quality controllers.





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Your Itinerary in Detail

Trip Highlights

- Incredible Cycling
- Gurudwara Pathar Sahib
- Chang la pass
- Pangong Tso Lake

Day 1 Arrive Leh

On your first day of the tour, you will have the chance to take it easy and become acclimatised to the altitude and cold climate of this beautiful mountain town. You will spend your day resting and rejuvenating before the challenging ride begins through the hilly terrain of the region. Spend the day relaxing under the open blue skies, enjoying the breeze and the amazing scenery.

Meals: Dinner



Day 2 Leh

Step out of the hotel today and give your body a mild work out to prepare for the long ride ahead. We will start the day with a short ride to the Shanti Stupa from where you will get a bird's eye view of the town. The Shanti Stupa is a white Buddhist dome that was built by Japanese and Ladakhi Buddhists in 1991. This place is frequented by tourists due to its religious significance and the lovely panoramic view. You will then ride along further and take a slightly longer route that goes around Leh town and hits the Leh - Khardung La highway. From there, we will cycle back to town for lunch. Once we've had our fill, we will ride back to the hotel and take it easy for the rest of the day.

Meals: Breakfast, Dinner





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Day 3 Leh

Today, you will embark on your first long ride of the tour. We will cover around 50 kilometres during the day, as we ride from Leh to Gurdwara Pathar Sahib and head back to Leh. During the ride, you'll cross the Magnetic Hill, where you feel like you are defying the laws of gravity. We'll also pass the confluence of the Indus and Zaskar rivers, and the beautiful moonscape of Ladakh. At the gurdwara, you'll enjoy piping hot tea and langar before cycling back to Leh. The ride today is all on tarmac, so you'll enjoy smooth cruising!



Meals: Breakfast, Dinner

Day 4 Leh - Sakti

It's another easy ride day for us. You'll start from Leh and ride towards Pangong Tso Lake. Your first night halt during this Leh - Pangong Tso riding section is at a village called Sakti. You will arrive at Sakti by lunch time and enjoy a simple locally cooked meal. In the afternoon and evening, you're free to relax or walk around the village to explore.



Meals: Breakfast, Lunch, Dinner





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Day 5 Sakti - Tangtse

Be prepared for a ride that will challenge every morsel of your being. We are going to crawl up the mighty Chang La Pass, which sits at an elevation of 5,360 metres, making this a very difficult climb. Expect to crawl up at an average speed of 5 kilometres per hour, which means that the ride uphill will take about 6 hours. After the pass, there is a bone-jarring downhill trail on probably one of the worst stretches on this road and in the world! Once this terrible stretch is over, you'll ride on a spectacularly beautiful road with scenery straight out of a fairy tale. This downhill road will take us all the way down to a village called Tangtse, where we will be spending the night.

Meals: Breakfast, Lunch, Dinner

Day 6 Tangtse - Pangong

Today is the day we reach Pangong Tso Lake, probably the most picturesque and tranquil location on our entire journey. Our ride today is a fairly easy one compared to yesterday's challenge, and even though the latter part of our journey is uphill, the views when we reach the lake are definitely worth it. After we spend a few moments in quiet amazement at the beauty around us, we'll check in to the campsite near the lake.

Meals: Breakfast, Lunch, Dinner





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Day 7 Pangong - Leh

Wake up and enjoy spending some time around the lovely Pangong Tso Lake, which spans from India to China and sits at an elevation of 4,350 metres. We may even spot wildlife native to this mountainous region, including birds and adorable marmots! After soaking in the beauty of Pangong Tso, you'll get into the support vehicles for your drive back to Leh. On the way, we'll make a stop at the Thiksey or Hemis Monastery.

Meals: Breakfast, Lunch, Dinner



Day 8 Depart Leh

After breakfast, check out from the hotel and transfer to the airport for your onward flight. Please do give us your valuable feedback on adventure@trip360.com.

Meals: Breakfast





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Inclusions and Exclusions with Costs

Your Holiday Price

Hub	Twin Sharing Accommodation
Leh	29,999*

*All the services quoted are subject to availability and prices are dynamic and may change. If a service is not available, an alternative will be presented with a revised price.





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Inclusions and Exclusions with Costs

Your Holiday Price Includes

- 07nights accommodation as mentioned in the itinerary.
- Transfers as mentioned in the itinerary.
- Sightseeing as specified in the itinerary.
- Meals as specified in the Itinerary.
- Support vehicle as per group size.
- Services of expert guide and mechanic for cycle repair.
- Travel Insurance.
- Entrance fee as mentioned in the itinerary.
- Cycle Hire

Your Holiday Price Excludes

- Any transport to / from Leh. Your tour price starts Ex Leh.
- Optional activities.
- Any meals not mentioned in the itinerary.
- Any items / services not specifically mentioned under inclusions.
- Personal expenses, tips, laundry, telephone calls, personal medicines, alcoholic beverages.
- Costs arising out of unforeseen circumstances such as bad weather, landslides, road conditions and any other circumstances beyond our control.
- Evacuation charges, damage of any nature.
- Sleeping Bags.
- Goods and Services Tax of 5%.





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Tips for Travellers

Category name	Details
Type of Accommodation	We will stay in a hotel in Leh and for the remaining days we will stay in guesthouses. Pangong accommodation is in a fixed camp.
Type of Food	Standard meal will be provided.
Clothes to Carry	<ul style="list-style-type: none">◦ Good walking shoes◦ Sunglasses◦ Sunscreen (highest possible)◦ Headgear for sunny days◦ Cotton clothing for summer days, light woolen clothes for evenings. Heavy woolens for winter◦ Shorts for hiking and walking around town are fine. Out of respect, please don't wear shorts in public buildings or monasteries. Have a pair of long pants or longer skirt for these locations
Equipment Checklist	<ul style="list-style-type: none">◦ Cycling shorts - adequate number for the tour◦ Cycling jerseys/ t-shirts - adequate number for the tour◦ Socks◦ Shoes◦ Helmet◦ Cycling gloves◦ Sipper/ Water bottle◦ Knee pads and elbow pads◦ Buff/ Balaclava
Medical facilities Available	We provide medical facilities. However, you should also bring your own First aid kit along. We also advise that you consult your general physician before embarking on the tour. There are very less medical facilities available en route. In Leh, hospitals are available.
Books to Read	<p><u>Left for Dead: My Journey Home from Everest by Beck Weathers:</u> Beck Weathers authored a book that is about his experience. In his book he recalls his miraculous survival after disastrous expeditions he faced in the mountains. He covered the details of his climb, his rescue and how his journey here left an impact on him.</p> <p><u>A Journey in Ladakh: Encounter with Buddhism by Andrew Harvey:</u> This book is considered to be a classic among readers who are interested to know more about Tibetan Buddhism and pilgrimages of all kinds. This is a spiritual travelogue of the author's journey to a few remote places and the less populated areas. It speaks of the Buddhists who have meditated here since centuries, long before Christ!</p>
Approximate Group Size	Minimum 08 Guest.
Money to carry	INR 5000 Minimum.
Tipping	All tipping is optional and by no means mandatory, however if you feel that your staff and drivers have performed at a good or excellent level, it is a great way to let them know you appreciate their efforts.

